## **Moving Forward:**

## Grief and Ambiguous Loss Associated with Dementia Caregiving

Caring for someone living with dementia is difficult. In addition to new role responsibilities, caregivers also face the grief and ambiguous loss of caring for someone with Alzheimer's disease or related dementia. This 16-week educational support group will assist caregivers in finding support, processing their feelings and gaining the skills to cope.

When: Wednesday Evenings January 18th, 2023 – April 26th, 2023

Time: 16 weeks - 6:00-7:30pm

Where: Community Engagement Center at UW-Whitewater

1260 W. Main Street, Whitewater, WI 53190

Located next to Wal-Mart (there is parking in the back as well)

Please register by calling:

Tonya Runyard, Dementia Care Specialist at the

Aging & Disability Resource Center of Jefferson County

920-675-4035

Thank You to Our Sponsors:



